

Before u BLOOM

*Transform Yourself before you Enter This
Practical World by Inculcating Magical Rules*



Lt. Dr. SUNITA BHOSLE

BEFORE U BLOOM

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world by inculcating magical rules

LT. DR. SUNITA BHOSLE



INDIA • SINGAPORE • MALAYSIA



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"Before U Bloom is a heartfelt and wise journey of hope and wisdom that will teach you the hidden power of your own thought processes as the source of flourishing into the life you really want."

~ Steve Chandler

Author of Time Warrior

Do you think that someone will come and tell you the secrets for success in your ear? Or will someone give you a 'How to groom yourself' checklist before introducing you to the world? People may share such tips, but they always reserve their key points or 'secrets,' which they don't share. It is not easy for everyone to get to the top, but here comes a treasure box of secrets of success. The title of the book *Before U Bloom* is, alludes to a flower that prepares itself in attaining the perfect colour, shape, size, and fragrance before blooming. Similarly, before entering the practical, outer world, you must prepare yourself. This book is a set of directions to make your journey smoother, and your life meaningful. Just follow these golden rules, which are just like beautiful petals of a flower and bloom in the world with full confidence and passion.

Lt. Dr. Sunita Bhosle was brought up in different cities of India as her father served in the Indian Army. A student of Kendriya Vidyalaya, she is now serving as Assistant Professor of Botany. She is also a commissioned NCC officer trained from Officers Training Academy, Gwalior, India. In the last eight years, she has trained around 424 girl cadets. She is a traveler and yoga practitioner. It was not easy for her to reach this point in her education and career, but her journey has made her stronger. As a teacher, she understands her students' needs, and gives directions, not just about the subject, but also grooms them by polishing their communication skills, body language and preparing them for interviews and placement.



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